

ABOUT US.

“OUR CLOTHES ARE MEANT TO BE WORN,
LOVED, AND MADE TO LAST”



The Made to Last project is part of the **Fabric of Change Carlow** Programme which is a proud collaboration between **The Environment Department of Carlow County Council** and **VOICE Ireland**. This vibrant community initiative is designed to tackle fast fashion and embrace circular living across County Carlow.

Through activation projects, local clothing swaps, and hands-on repair workshops, we are bringing people together to rethink how we buy, use, and care for our textiles. By choosing quality over speed and repair over waste, we can keep clothing out of landfills and build a more sustainable future.

This programme is part of **SDG Week Ireland**, a national initiative driving action for the United Nations Sustainable Development Goals.

By encouraging a shift away from fast fashion, the Made to Last programme directly supports SDG 12: Responsible Consumption and Production and SDG 13: Climate Action. Together, Carlow County Council and VOICE Ireland are transforming global climate goals into practical, local actions—proving that small, circular habits in our community can make a massive impact worldwide.



What if the most sustainable garment is the one you already own?

Join us for a series of engaging adult workshops that will help you repair, upcycle, reuse and reimagine clothing while building confidence, saving money and supporting a more circular future.

No previous experience is required. The focus is on learning by doing, sharing ideas, reducing waste, and discovering how small actions can contribute to a more sustainable future.



Workshops are **free** but spaces are limited and will be allocated on a first come first served basis

Contact Dee with your details to secure a limited place, stating which workshop you wish to attend.



dsewell@carlowcoco.ie



FABRIC OF CHANGE CARLOW



Made to Last

Learn practical skills to repair, reuse and reimagine clothing.

Join our free workshop's for adults series and discover how small actions can help create a more sustainable future.





**Adult only.
Workshop 1**

PERMISSION TO MEND

MONDAY, 28TH SEPTEMBER
6.30PM TO 8.30PM

CARLOW TOWN HALL, CENTAUR STREET, CARLOW
EIRCODE: R93 TK85

A practical, hands-on workshop led by Rainie from Change Clothes, introducing simple hand repairs, visible mending and creative embellishment techniques. Participants will learn through experimentation rather than perfection, building confidence to repair and extend the life of clothing in their own way.

By removing the fear and imposter syndrome often associated with sewing, the workshop aims to empower participants with skills they can use themselves and confidently share with others, including young people taking part in the Made to Last programme.

MADE TO LAST: BUILDING CONFIDENCE THROUGH REPAIR

email dsewell@carlowcoco.ie with your details and quoting workshop 1 to secure a limited place

EMPOWERING YOUNG PEOPLE TO STITCH & REPAIR

TUESDAY, 29TH SEPTEMBER –
7.00PM TO 9.00PM

CARLOW TOWN HALL, CENTAUR STREET, CARLOW
EIRCODE: R93 TK85

**Adult only.
Workshop 2**

A practical workshop led by Roísín Markham, for teachers, youth leaders, community groups and aspiring mentors. Learn how to facilitate simple repair and upcycling activities, create welcoming and inclusive learning spaces, and help young people build confidence through creativity, problem-solving and hands-on making.

No specialist sewing experience required, just a willingness to repair, learn and inspire others.



**STITCHING CONFIDENCE:
EMPOWERING YOUNG PEOPLE THROUGH REPAIR AND CREATIVITY**

email dsewell@carlowcoco.ie with your details and quoting workshop 2 to secure a limited place



**Adult only.
Workshop 3**

BUYING AND SELLING ON VINTED AND DEPOP.

WEDNESDAY 30TH SEPTEMBER –
6.30 TO 9.30

CARLOW TOWN HALL, CENTAUR STREET, CARLOW
EIRCODE: R93 TK85

A practical workshop with Mike Kiely for anyone interested in buying and selling pre-loved fashion online.

Participants will learn how to navigate platforms such as Vinted and Depop, spot quality items and good value, communicate confidently with buyers and sellers, and create effective listings of their own. The session will demystify the world of online resale, helping participants develop the skills and confidence to extend the life of clothing, reduce waste and embrace a more circular approach to fashion.

No previous experience required, just an interest in sustainable fashion and giving clothes a second life.

**PRE-LOVED TO RE-LOVED:
BUILDING CONFIDENCE IN SECOND-HAND FASHION**

email dsewell@carlowcoco.ie with your details and quoting workshop 3 to secure a limited place