

7th June,  
2025



# *the* **Art** *of* **Being** *Me*

***Cruinniú na nÓg  
Carlow***

**Programme  
of Events**



Riailtas na hÉireann  
Government of Ireland



Clár Éire Ildánach  
Creative Ireland  
Programme

**RTÉ**



COMHAIRLE CONTAE  
CHEATHARLACH  
CARLOW COUNTY COUNCIL

Come join us as we celebrate our national day of FREE creativity for children and young people under 18. Cruinniú na nÓg Carlow celebrates and encourages participation in culture and creativity through performance, theatre, art, dance, musicmaking, special events and much more!

**All events are free,  
local, activity based!**

It's a day for you to get involved, do, make, and get creating!

11:00am

## AHA African Storytellers - The Mystical Folklore of Africa

### Bagenalstown Library

Join the AHA African Storytellers for an exciting morning of stories, dance, song and poetry inspired by the mystical folklore of Africa! Children will have the chance to share in African culture through song, storytelling and more in a fun interactive way, showcasing traditional African costumes, Instruments and artwork

### All ages

**Booking:** [library@carlowcoco.ie](mailto:library@carlowcoco.ie)



11:00am - 12:00pm

## Fill Up My Senses

### Carlow Library

A Sensory morning full of fun, music and storytelling. Will suit children of all ages particularly children who are neurodivergent.

This event is the finale of a workshop series with Wibbly Wobbly Wendy And St. Lazerians School - No booking required.

### All ages



11:00am - 1:00pm

## Ice Cream Dreams - A Creative Art Workshop

### Borris, Library

Join us on Saturday, June 7th from 11-1pm at Borris Library, Co. Carlow for a fun and flavourful art workshop as part of Cruinniú na nÓg 2025, with artist Athena Brownrigg.

In this hands-on, imaginative session, children aged 7-12 will create their very own ice cream-inspired mixed media paintings. From classic scoops to wild and wonderful toppings, each child will design a piece that's as unique and colourful as their own imagination.

We'll explore painting techniques, texture, and playful design as children mix and match "flavours," experiment with materials, and celebrate their creativity on canvas" says facilitator Athena Brownrigg.

All materials are provided, and no experience is needed—just bring your imagination and a love for all things sweet!

### For ages 7 - 12

**Booking:** [ckinsella@carlowcoco.ie](mailto:ckinsella@carlowcoco.ie)



11.00am - 3.00pm

## Inspire Sessions - Cruinniú na nÓg Music HUB

### Scoil Andrew

Music Generation Carlow are celebrating Cruinniú na nÓg in association with the Creative Ireland and Carlow County Council.

We are once again excited to present the "Inspire Sessions". A series of free workshops in various musical instruments. Targeting young people ages between 9 and 18 years, we are giving the opportunity to learn from some of the best musicians and teachers in traditional Irish music at the moment.

On Saturday, June 7th in Coláiste Aindriú, Muine Bheag, we have a variety of talented, sought-after tutors offering a selection of classes for varying instruments and levels of ability.

Places are limited, booking is essential, and places will be allotted on a first come, first serve basis. Watch our Facebook and Instagram feeds in the coming days for registration opportunities.

**For ages 9 - 18**

**Booking:** [musicgenerationcarlow@kcetb.ie](mailto:musicgenerationcarlow@kcetb.ie)



11:00am - 5:00pm

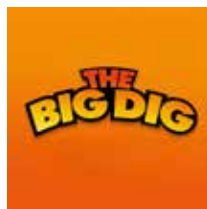
## The Big Dig at Carlow County Museum

**Carlow County Museum, College Street, Carlow, R93 E3T2**

Carlow County Museum presents the very popular 'The Big Dig' by the School of Irish Archaeology. Using a replica 'Viking House' allows children, aged 5-12 years, an opportunity to experience what it is like to be an archaeologist by learning how to excavate. 'The Big Dig' incorporates the dig experience with educational, engaging and interactive activities throughout the workshop. During their dig for Viking treasures and artefacts, children also learn about the lifestyles of their Viking ancestors, guided by our team of professional working archaeologists. Our engaged and knowledgeable staff will demonstrate and explain how the objects uncovered during the dig were used in day-to-day life during the Viking era. Book early as places are limited for each 45-minute workshop. This is an outdoor activity so please dress appropriately.

**For ages 5 - 12 years**

**Booking:** <https://www.eventbrite.ie/e/the-big-dig-carlow-county-museum-cruinniu-na-nog-tickets-1330870973909?aff=oddttdtcreator>



11:00am

## The Children of Wolves

### Tullow Road

**Time:** 11.30am

**Venue:** Meeting point – Main Gate, Gaelscoil Eoghain Uí Thuairisc, Ashgrove, Carlow. R93 PX92

A new performance by Hugh W. Brown, created with young people from Carlow Regional Youth Services.

Set after a tech apocalypse, young survivors navigate the ruins of Ireland, where misinformation, digital chaos, and civilization itself have collapsed into myth. This project is a collaboration between Creative Places Bagenalstown and Take A Part Carlow

**All ages**

**Booking:** [www.creativeplacesbagenalstown.ie](http://www.creativeplacesbagenalstown.ie)



12:00pm - 4:00pm

## Wonder Walls

### Visual Carlow

Wonder Walls for Cruinniú na nÓg invites young people aged 12 – 18 to unleash their creativity through vibrant, collaborative murals!

Participants will work together in hands-on workshops alongside a professional artist to create a mural and present their work on Cruinniú na nÓg. The same group will take part in two workshops in May, so participants must be available for all workshop dates. If you don't secure a spot, don't worry—join us for drop-in sessions on June 7th and get involved in the creativity!

Spaces are limited and can be booked through each venue's website. Brought to you by the team behind Waterford Walls – The Walls Project. Funded by Creative Ireland.

**For ages 12 - 18**

**Booking:** [www.visualcarlow.ie](http://www.visualcarlow.ie)

**Workshops:** May 11th & 18th, 11:00am – 1:00pm



Cruinniú  
na nÓg

12:00pm

## Natural Connections for Self Expression

### Carlow Library

From artist Siobhán Jordan and Holy Angels School daycare for children with special needs, this workshop series explores nature-inspired self-expression using natural materials.

Themes include slow, meditative art—harnessing wind and light—and mark making with natural tools and inks. Visit our exhibition in Carlow Library to see what we created! This event is the finale of a workshop series with Siobhan Jordan and Holy Angels School - No booking required

**All ages**



1:00pm

## My Unique Individuality

### The Vault Youth Project, Burrin Street, Carlow

Artist Tadgh Griffin (Sexy Tadgh) and Carlow Youth Services team up with young people in these art workshops exploring their unique lives in their community and what being a part of a community means to them. Their art will be on display in The Vault on June 7th.

**For ages 12 - 18**

**No booking necessary**



1:00pm - 2:30pm

## A Journey to Dreams |Candle Making Workshop

### An Gardin Beo, Old Dublin Road, Carlow Town, R93 E1HF

We are New Way, a women's club dedicated to building a joyful, supportive community.

Join us at An Gairdin Beo for a magical candle-making workshop. Discover the art of crafting your own dreamy candle while connecting with your creativity and authentic self.

Let's gather, share stories, and enjoy the soothing process of creating something special together. Don't miss this inspiring experience!

**For ages 15 - 18**

**Booking:** Eventbrite



2:00pm - 15:30pm

## Let The Fun Shine Through

**Bishops House Tullow - Old Chapel Ln,  
Tullow, Co. Carlow, R93 E292**

Join artist David Byrne and Tullow Youth Project for a fun art programme for ages 12-17! Over four 1.5-hour sessions, participants will explore self-expression in a supportive space.

Together, we'll create a vibrant galaxy-themed mural with colourful cartoon characters on planets. Workshops include:

**23 May, 30 May, 6 June and 7 June** With an exhibition of the finished piece which is open to the public.

**For ages 12 - 17**

**Booking:** johnny@carlowys.ie



3:00pm - 4:30pm

## Carlow Youth Services – Drum Workshop

**An Gardin Beo, Old Dublin Road,  
Carlow Town, R93 E1HF**

Join Carlow Youth Services and percussionist Niall Tallon for an energetic performance and open workshop at the beautiful An Gardin Beo. Whether you're new to the djembe or ready to jam, everyone's welcome!

This event is the finale of a workshop series with Niall Tallon and Carlow Youth Services. No booking required.

**For ages 5 - 18**

**Booking:** Drop in and play some drums



3:30pm

## The Children of Wolves

**Bagenalstown**

**Time:** 3:30pm

**Venue:** Meeting point – Muine Bheag Train Station, R21 H295

Set after a tech apocalypse, young survivors navigate the ruins of Ireland, where misinformation, digital chaos, and civilization itself have collapsed into myth. This project is a collaboration between Creative Places Bagenalstown and Take A Part Carlow

**All ages**

**Booking:** [www.creativeplacesbagenalstown.ie](http://www.creativeplacesbagenalstown.ie)



5:00pm - 6:00pm

## Carlow Through Our Eyes

**An Gardin Beo, Old Dublin Road,  
Carlow Town, R93 EIHF**

Come enjoy this screening and performance from Carlow Youth Theatre in the wonderful setting of An Gardin Beo.

"Carlow Through Our Eyes" is a unique film-theatre experience that showcases Carlow County from the perspective of young people.

Carlow Youth Theatre have developed the piece with young people over the course of a series of workshops for Cruinniú na nÓg. No booking required

### All ages

**Booking:** <https://www.facebook.com/CarlowYT/>



5:00pm - 10:00pm

## Retro Revival: A Club Night by the VISUAL Collective

### Visual Carlow

Young people aged 15 - 18 are invited to attend a scratch night and 80s themed disco. This is an open mic and dance floor night for young singers, poets, break and freestyle dancers. Come along to take part or just enjoy the vibes.

**For ages 15-18**

**No booking necessary**



Online

## Curious Carlow Podcast by Carlow County Museum

**Carlow County Museum, College Street,  
Carlow R93 E3T2**

Carlow County Museum with Create School have worked with a 4th class in both Askea Boys National School and Askea Girls National School to produce Series 3 of the Curious Carlow Podcast. The podcast already features an array of short episodes on Carlow's history and are free to listen to online at any time. This podcasting project is designed to engage primary school students in digital storytelling while fostering connections with the older generation of Carlow. The students explored storytelling through the medium of podcasting, enhancing students' communication and creative thinking. This is an intergenerational project where our young historian interview a variety of people about their lives. The Curious Carlow Podcast is available on Spotify

### All ages

**Booking:** See QR Code



**Get Involved &  
Get Creating!**



Cruinniú Carlow Arts



@cruinniucarlow



@CreativeCarlow



Online

## St Brigid's NS X Muine Bheag Arts Radio

[www.muinebheagarts.com/Radio](http://www.muinebheagarts.com/Radio)

Muine Bheag Arts is excited to work with students from St Brigid's NS on a series of workshops to create their own radio play. The students will develop and act out the play together, learn how to use recording equipment and create foley sounds. The play will be broadcast digitally through Muine Bheag Arts Radio and available to listen to on all major streaming platforms from 7th June.

**All ages**

**Booking:** [www.muinebheagarts.com/Radio](http://www.muinebheagarts.com/Radio)





# Scavenger Hunt



Join the fun this Cruinniú na nÓg (June 7th)!

**Complete our photo challenges** and share your creativity on Instagram or Facebook.

**Insta:** @cruinniucarlow **FB:** cruinniu carlow arts

**Hashtag #cruinniucarlow**

**Your 7 Photo Challenges:**

- 1. Festival Fun** Snap your favorite festival moment
- 2. My Happy Place** Show your favorite spot in Carlow
- 3. Made by Me** Share something you created (art, crafts, dance, etc.).
- 4. Nature Explorer** Capture something cool in nature
- 5. Joy in Motion** Post a photo of movement—dance, jump, spin!
- 6. Colour Splash** Find or create a burst of colour
- 7. Magic Moment** Show what Cruinniú na nÓg means to you

**Get creative, have fun, and celebrate  
The Art of Being Me!**



**Win a €50  
Love Carlow Voucher**  
For the 3 best  
Scavenger Hunt Entries

# Comic Strip

 @cruinniucarlow

Draw Your own Comic Here. We'd love to see what you created.  
Take a picture of it and tag us insta!



# Cruinniú na nÓg

For more information on **FREE**  
Cruinniú na nÓg events:

**Aileen Nolan**

Creative Communities Engagement Officer /  
Arts Officer / Carlow County Council Arts Service

**Email:** [artsservice@carlowcoco.ie](mailto:artsservice@carlowcoco.ie)



**Cruinniú Carlow Arts**



**@cruinniucarlow**



**@CreativeCarlow**



**Creative Ireland and Carlow Arts Service would like to acknowledge the  
following for their support on this programme:**



Creative  
Places  
Bagenalstown

VISUAL



**Leabharlann  
Chontae Ceatharlach**  
Carlow County Library



*Carlow  
County  
Museum*



**Carlow Regional Youth Service**  
Youth Work Ireland



# Your Cruinniú na nOg Carlow Guide

All events are FREE. See full event listings for booking information

Event	Venue	Time	Age
AHA African Storytellers - The Mystical Folklore of Africa	Bagenalstown Library	11:00am	All ages
Fill Up My Senses	Carlow Library	11:00am to 12:00pm	All ages
Ice Cream Dreams - A Creative Art Workshop	Borris, Library	11:00am to 1:00pm	7 - 12
Inspire Sessions - Cruinniú na nÓg Music	Scoil Andrew, Bagenalstown	11.00am - 3.00pm	9 - 18
The Big Dig at Carlow County Museum	Carlow County Museum	11:00am to 5:00pm	5 - 12
The Children of Wolves	Tullow Road	11:30am	All ages
Wonder Walls	Visual Carlow	12:00pm to 4:00pm	12 - 18
Natural Connections for Self Expression	Carlow Library	12:00pm	All ages
My Unique Individuality	The Vault Youth Project	1:00pm	12 - 18
A Journey to Dreams   Candle Making Workshop	An Gardin Beo	1:00pm to 2:30pm	15 - 18
Let The Fun Shine Through	Bishops House Tullow	2:00pm to 3:30pm	12 - 17
Carlow Youth Services - Drum Workshop	An Gardin Beo	3:00pm to 4:30pm	5 - 18
The Children of Wolves	Bagenalstown	3:30pm	All ages
Carlow Through Our Eyes	An Gardin Beo	5:00pm to 6:00pm	All ages
Retro Revival: A Club Night by the VISUAL Collective	Visual Carlow	5:00pm to 10:00pm	15 - 18
Curious Carlow Podcast by Carlow County Museum	Carlow County Museum	Online	All ages
St Brigid's NS X Muine Bheag Arts Radio	<a href="http://www.muinebheagarts.com/Radio">www.muinebheagarts.com/Radio</a>	Online	All ages
Scavenger Hunt	<b>Insta:</b> @cruinniucarlow <b>FB:</b> cruinniu carlow arts	-	All ages

www.greenoppledesign.ie

**cruinniu.gov.ie**



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07.06.2025  
Cruinniú na nOg



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